The Blessing of Medical Specialization

Ladies and Gentlemen

Modern Western medicine is subject to two tendencies, which increasingly lead it towards ineffectiveness. Both tendencies also cause the tremendous rise in the costs of "orthodox" medicine. At the same time, they are the reason why more and more "non-treatable" and chronic diseases appear.

One of these tendencies is the strategy of suppressing diseases and symptoms. Antibiotics are a group of medicines, which are tremendously more frequently prescribed. Nevertheless - or maybe even exactly therefore? - infectious diseases are increasing. The bacteria are counteracted. Instead of treating the cause for the increase in bacteria or their behavior, we should rather focus on our inherent milieus, on the metabolic environment these bacteria find in the human organism.

And it is not only germs, which are fought - the same applies to cancer cells, cholesterol, artery blockage, auto-immune inflammations: we always “fight” something. With a global annual sales volume of 17 billion US-Dollars, the substance “Lipitor” (a cholesterol-lowering medicine) is the world’s most sold medicine. However in the long run, it has severe adverse side-effects on liver and hormonal balance. To the present day, there is no proof that the substance actually reduces the number of infarctions. To the contrary: globally, the infarction rate even rises. This “anti-strategy” relies on a principally incorrect concept. With respect to this tendency, increasing medical specialization even has additional adverse effects. It counteracts a basic and essential human right: integral individuality and uniqueness. It addresses disorders of individual organs instead of taking the entire body into account.

At Paracelsus Klinik, the human body is perceived as dynamic organism, a part of nature, in which everything is linked and continuously renews and reorganizes itself. We do not specialize on individual organs but are proud to always treat the individual as a whole. We address the proneness to specific diseases and disorders - the “internal” milieu.

This provides us with completely different tools to address chronic diseases, which specialized medicine does not really have any concepts for: chronic infections (such as Lyme disease), cancer, all kinds of autoimmune diseases (rheumatism, MS, Colitis ulcerosa) – and for instance endometriosis, a chronic gynecological disorder we introduce within the
Endometriosis, a disorder rather young women suffer from, leads to painful inflammations in the lower abdomen, to agglutination, cicatrization, and even to infertility.

The scars are then treated by surgery, which however will not help at all in the long run. Many patients undergo surgery again and again - truly a downward spiral!

From the holistic point of view, the cause is a combination of both, an endocrine disorder leading to relative estrogenic preponderance and an inherent proneness to grow scars. Both aspects can be addressed with our metabolic therapies and bio-identical hormones. Many women fully recover under this treatment - among them patients who have been declared to be absolutely chronic after various surgical interventions.

For this newsletter, we decided the topic of “Endometriosis” to mark the beginning of a series that introduces a number of increasingly frequent disorders, the biological treatment of which is far more successful than the approach of highly specialized, advanced “orthodox” medicine is.

Biological medicine - the holistic approach to ever-increasing chronic and “obscure” disorders.

Biological medicine – it may not be “scientific” but it is effective and budget-friendly!

Best regards and many thanks for your faith in us!

Yours,
Thomas Rau MD, Medical Superintendent

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Information on Gynecology

Throughout the coming months, Harold Seiler MD and Mrs. Dr. med. univ. Heidelinde Klein will inform you on our treatment concepts.

For more than 20 years, Dr. Seiler has very successfully acted as head of the ob-gyn department of Heiden Cantonal Hospital. Throughout this time, he has made his department one of East Switzerland’s most frequented gynecological clinics. Additionally, he enjoys the reputation of being an excellent gynecologist. On two days per week, he now practices at Paracelsus Klinik. Throughout the coming months, he will present and explain the major gynecological disorders from the perspective of orthodox medicine.

Harold Seiler MD

Coming from Austria, Mrs. Dr. Klein joined our medical team this year. She is specialized in general medicine. During the long years of her professional medical activities, she has gradually advanced her expertise in the sector of complementary medicine. Throughout the last years, she headed two different medical institutions. Dr. Klein has recourse to profound practical experience in numerous disciplines of complementary and orthodox medicine. She will inform the readers of our newsletter on gynecological disorder treatment approaches within complementary medicine.
Endometriosis

The Term

Endometriosis is a frequently suffered innocuous and chronic gynecological disorder, in the course of which endometrium appears outside the uterus. Just like common endometrium, the said endometrium undergoes menstrual cyclical changes.

The Symptoms

One symptom for endometriosis is cramping menstrual pain. However, affected women also suffer from chronic abdominal pain and back ache, painful intercourse, painful defecation or urination. Very frequently, endometriosis furthermore causes infertility.

Diagnosis

Very typical for endometriosis is cycle-related pain. Large endometriosis focuses can be verified within the scope of ultrasonic examinations. The final diagnosis is made through laparoscopy.

Orthodox Treatment

The disorder is treated by surgically removing respective focuses or blocking the monthly cycle through hormones.

Dr. Harold Seiler, MD

Biological Treatment

Thanks to our extensive treatment concept, our frequently successfully treated patients regain quality of life (pain in the lower abdomen, painful intercourse, menstrual disorders, mood changes, unmet desire to have children, etc.) and relapse surgery becomes unnecessary.

1. Any kind of naturopathic treatment should be preceded by a general dietary change: cow’s milk products, eggs and pork are to be avoided. The same applies to animal fats, which promote the formation of inflammation-promoting prostaglandins PGE2.
Omega 3 fatty acids seem to be recommendable, “acidifying” foods are to be avoided since they promote blood and lymphatic stasis. Also very valuable is a “warming” diet that reinforces the spleen.

2. De-acidifying and detoxication measures are part of the routine program. The same applies to the treatment of possible heavy metals contaminations - frequently in presence of a genetically limited detoxification capability.

3. A specific Sanum therapy, following precise dark field analysis, is valuable part of the treatment concept applied by our clinic. We administer specific medicines to support the healing process.

4. Our “Neural Paracelsus Injections” to the Frankenhaeuser ganglion are an upgrade to our treatment we wouldn’t want to do without.

5. 80% of all interference fields are located in the head. Therefore, we apply special attention to possible dental interference fields. Panoramic x-ray images quickly reveal existing focuses, which frequently affect the respective organs through corresponding meridians.

6. From an orthomolecular perspective, the consumption of vitamin B complexes, folic acid, zinc, selenium, calcium and magnesium has proven to be beneficial. Officinal plants like lady’s mantle or raspberry leaves harmonize the hormonal balance; yarrow has hemostatic properties and relaxes the muscles; stinging nettle is excellent for detoxification and provides the body with the iron lost through excessive bleeding; specific tea blends cause an improved pelvic blood flow. Also homeopathic remedies, Ceres original mother tinctures, spagyric medicines and - among others - mistletoe which counteracts any organic adenoid tendencies, have proven to be beneficial.

7. Most frequently, the patients also suffer from hormonal dysfunctions with excessive estrogen, which also leads to “lymphatic adherence”. We also examine if so-called “false hormones” (e.g. inappropriate therapies with synthetic hormones or hormone-like substances originating from food or environmental impact) distort the hormonal balance. The respective examination refers to SHBG (sexual hormone-binding globulin) - a hepar-borne protein that attempts to exude the “false” hormone. In any case the administration of bio-identical hormones (which resemble to the structure of human hormones, but feature far higher tolerance-rates) is extremely promising.

8. Psychological assistance to change established thought patterns is of course also a useful approach. The same applies to various relaxation techniques such as yoga, autogenic training and biofeedback, which will help to regain balance between the physical, mental, and spiritual level.

If you request a customized and individual diagnosis, we will gladly welcome and assist you.

Yours,
Dr. Heidelinde Klein, MD

Paracelsus's Perspective

It is true, many of us were surprised by the recent news of Mrs. Angelina Jolie’s response to having the breast cancer (BRCA) gene. Further, and before her choice was made public, there was also a 24- year “young” woman who participated in the 2013 Ms. America Pageant, declaring that she too would be electing for mastectomy because her mother, aunt and grandmother all passed
away early (in their 40's) from having breast cancer. However, this young woman did not test positive to having either BRCA 1 or 2 genes.

These stories pull on our heart strings, because 1) lives are affected 2) a mastectomy is quite a disfiguring surgery both mentally and physically, and 3) there is no hard rule on how to treat cancer that leads to a 75% efficacious outcome. The "Golden Standard" for breast cancer is surgery, radiation and an application from chemo-, immune- or hormonal therapy, where mastectomy may be included depending on tumor size and aggressiveness. This approach has helped many, BUT, certainly not all. Actually, and on average, statistics have shown that the survival time over the last 20 years of a breast cancer patient has not extended under "modern" oncology. Hence, the algorithmic deduced choice for some women, while allowing them to be free from short-term anxiety, has been to opt for mastectomy.

Is Biological Medicine an option for these women prior to electing for mastectomy, or for that matter, the "Golden Standard"? Absolutely!

What often fails to be conversed between an oncologist and patient is the topic of underlying causes, i.e. heavy metal toxicity, lymphocytic viruses, intestinal dysbiosis, genetic detoxification challenges, too much protein consumption, poor immunologic switching, imbalanced vegetative state, etc. These potential contributors may attenuate a woman's immune defense from cancer, the contraction of viruses and virulent bacteria.

The following are but simple examples supporting the need to look for underlying causes:

- Effect of mercury toxicity on the disruption of the large bowel membrane, creating inflammation and promoting leaky gut.
- Mercury toxicity and its link to autoimmune development.
- Aluminum and cadmium are known to have a genotoxic profile, and are capable of causing both DNA and epigenetic effects. They are also considered a metalloestrogen, capable of binding to estrogen receptors, thereby mimicking estrogen.

In Biological Medicine, there is an integration of the "Golden Standard" into the context of foundation medicine, which we broadly define as 'holistic medicine.' The aforementioned cases of Mrs. Jolie and the young woman are examples of women having received only an acute care consultation and therapy, where they, too, could have (and still can) benefited from a 'holistic' approach to include a panoptic view of their health situation. Opting for mastectomy is the last option, not the first!

As we move forward and transform as a culture, so too will medicine. From the early Newtonian understanding of medicine when the body was conceptualized by doctors as a type of "grand machine--controlled by the brain and peripheral nervous system" to the present day technologies of stem cell therapy, artificial joint fabrication and heart and lung transplant, etc., medical technology has advanced tremendously over the last years. However, when it is not available to simply 'exchange, remove or replace parts,' an integrative medical approach best suits the patient, especially in cases of cancer and autoimmune disease.

Given the delivery of information that happens within seconds after a Hollywood Star reveals anything personal, and in those select cases, let us answer with--"Cancer is a difficult condition to treat, and is invariably emotionally challenging. There is no easy decision, but one to consider is Biological Medicine: the integration of oncologic and foundational medicine."

Eric Kimbles
Assistant Doctor to Dr. Rau
New: Follow us on Twitter!

Become a follower and follow us on Twitter.
The direct link:
https://twitter.com/Paracelsus_CH
We look forward to meeting you there!

Testimonial

Paracelsus Clinic is a temple of medical healing. Dr Rau has created an oasis of medical expertise and caring. My genius Dr. Rupp provides me with compassionate customized treatment in partnership with me. For him I am not a bunch of tests to be used for protocol based treatments. For him I am an intelligent real person who participates in her medical treatment - this is a big relief and comfort for me. I truly feel cared for and loved.

EnergyClinic: Help for Your Whole Life

Once a month, Wolfgang and Eva Sophia Haas offer their «EnergyClinic» workshop. Within four hours, participants will in small groups get familiarized with practical techniques that facilitate everyday support for a sound and positive lifestyle.

You will complete the day with having been introduced to numerous practical exercises, easily comprehensible explanations, new motivation and a handout.

This event will help you to become and stay healthy. It addresses all those are truly ready and willing to do something for themselves and their health.

What you may expect:

- recharge your energy batteries using an ultimate breathing technique;
- learn how to thoroughly relax in a minimum of time to regain your autonomic nervous system’s sound balance;
- Unconsciously, we feed our fears, rage, and other blocking emotions. Find out how
to actively re-program your unconscious and feel perfectly fine with it;
• be introduced to effective stress management techniques;
• learn and be amazed by how your energy level can be lifted to new heights within a
minimum of time.

Upcoming workshops:
• Saturday, 16 November 2013
• Saturday, 14 December 2013
• Saturday, 25 January 2014
• Saturday, 15 February 2014
• Saturday, 15 March 2014
• Saturday, 12 April 2014

from 09.00 a.m. until 01.00 p.m. at the premises of Paracelsus Klinik Lustmühle, Building
Dentistry (House Z), Battenhusstrasse 12,
9062 Lustmühle, Switzerland.
Directions are available at: www.paracelsus.ch/anreise
Fee: CHF 220,-

To sign up
please call us at +41 71 335 71 71 or mail to info@paracelsus.ch.

Paracelsus Academy Training Program 2013

We are pleased to present the Paracelsus Academy Training Program 2013.

In particular we’d like to point out on the upcoming intensive seminars for experts and interested non-professionals – now available with respective detailed program:

8/9 November (held in German)
«Praktische Dunkelfeldmikroskopie und isopathische Therapie»
with Thomas Rau MD (click here to learn more)

>>> detailed program 11 / 8/9 (PDF)

29/30 November (held in German)
Palmtherapy - eine praxisorientierte Methode des Bio-Feedback»
with HP Christian Jäger (click here to learn more)

>>> detailed program 11 / 29/30 (PDF)

All seminars are presented on our website:
www.paracelsus.ch/events

Please click here to download the Paracelsus Academy Training Program (PDF):
Public Lectures in 2013 (held in German)

Throughout the present year, Paracelsus Klinik Lustmühle will again present public lectures.

They will now take place in the Historischer Saal (historic hall) of St. Gallen Bahnhofhauptgebäude (train station main building). The venue’s correct address is: Migros Klubschulgebäude, Bahnhofplatz 2, CH-9001 St. Gallen, room no. 122, 2nd floor.

All lectures will start at 07.00 p.m. The hall accommodates maximum 100 people. Since we cannot accept advance bookings please ensure to be on site early. The entrance fee per participant amounts to CHF 10.

2013 Program

- Thursday, October 24
  offered by Thomas Rau, MD and Harold Seiler, MD

- Thursday, November 28
  «Zähne - Quellen von Krankheiten. Erklärungen zur ganzheitlichen Zahnheilkunde und weshalb Zähne & Schwermetalle Krankheiten verursachen können.»
  offered by Marek Andys, Swiss Graduate Dentist SSO

For an overview on all events hosted by us, please visit:
http://www.paracelsus.ch/events

We look forward to meeting you and would like to thank you for your interest.

Thank you for your trust!

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